

Personality Assessment

Directions: Type 4-5 sentences for each of the following questions.

- Describe in your own words what each part of your “Jung - Briggs Myers” temperament assessment says about you.
- Describe your “Type A” personality assessment. What do you think it says about you?
- Describe your “Emotional Intelligence” personality assessment. What do you think it says about you?
- What are some things can you change or do to become more emotionally intelligent?
- Do you think your personality tests were accurate?
- What are three new things that you learned that will be helpful to understanding who you are?
- What career fields are you interested in? How do you think your temperament/personality type will be beneficial to that career? How will it be a detriment?